

ADMISSIONS

The admissions will be as per by the rules of the Punjab govt. and The Maharaja Bhupinder Singh Punjab Sports University Patiala. The available courses, no. of seats and the eligibility criteria are explained in the next section.

FEE STRUCTURE

COURSE NAME	FEE PER ANNUM	No. OF SEATS
B.A.	10,000	100
B.P.E.S.	15,000	50
P.G. DIPLOMA IN YOGA	14,000	30

NOTE: Outstanding Sports Persons will be provided with special concession as per The Maharaja Bhupinder Singh Punjab Sports University, Patiala guidelines.

HOSTEL

Hostel facility can be availed by the outstation students on first come-first serve basis. The students living in the hostel will be strictly monitored by the orders of the principal.

POST MATRIC SCHOLARSHIP SCHEME

The students belonging to the Scheduled Castes can avail the benefit of Post Matric Scholarship Scheme. Their tuition fees and other compulsory fee will be covered under the govt. scheme. This facility is available only to the students whose parents annual income is less than 2 lakhs and should have scored at least 50 % marks. The dedicated Post Matric Scholarship Cell of the college will assist the student in the application process.

Policy of Reservation of Seats as per Govt. of Punjab.

Sr. No.	Category	% age of Seats to be reserved
1.	Scheduled Caste/Scheduled Tribe	25%
2.	Backward Classes	10%
3.	Border Areas/Backward Area (2% each)	4%
4.	Sports Persons	2%
5.	Children/Grand Children of Freedom Fighters	1%
6.	* Disabled Persons	
	a) Blind	1%
	b) Deaf & Dumb	1%
	c) Other Handicapped	1%
7.	a) Wards/widows of defence personnel killed or disabled to the extent of 50% or more in action; Wards of gallantry awarded of serving defence personnel/ex-servicemen (1%) b) Wards of ex-servicemen/serving personnel. (1%) Note : If any seat(s) remains vacant from (a) or (b) category the same can be filled up by way of interchangeability also.	2%
3.	a) Wards/widows of para military forces personnel, Punjab Police, PAP and Punjab Home Guards killed or disabled in action to the extent of 50% or more. (1 %) b) Wards of Para Military forces personnel/ex-paramilitary forces personnel and Punjab Police/PAP/Punjab Home guards personnel decorated with Gallantry Medals (1%) Note : If any seat(s) remains vacant from (a) and (b) category the same can be filled up by way of interchangeability also. (If suitable candidates are not available in anyone of these sub categories, the seats so available will be filled up by the candidates from the other sub-categories of disabled candidates and if they are not available any sub-category, then seats shall be filled up from general/open category candidates).	2%
9.	November, 1984 riots affected displaced persons, children of the Army *** deserters killed, 100% Physically disabled; children of the families of persons killed as a result of terrorist violence or by security forces acting in aid of civil authorities and the children of innocent civilians who have sustained 100% disability in terrorist violence or during operation by security forces action in aid of civil authorities.	2%
10.	Widows/Divorced Women	2%
11.	Ex-Servicemen / Women themselves	1%
12.	Wards/Children of all ex-servicemen settlers of Cambell Bay Island of Andaman Nicobar only.	1%

Note: The candidates being admitted under 15% quota on All India basis shall be eligible only for reservation provided by the Constitution i.e. 25% for SCs/STs and 10% for BCs.

DETAILS OF COURSES, ELIGIBILITY CRITERIA AND PHYSICAL FITNESS TEST.

1. UNDER-GRADUATE THREE YEARS COURSES

(a) Bachelor of Physical Education and Sports (BPES) with 50 seats

It is a three years Degree course in Physical Education to impart broad-based knowledge in the basics of Physical Education and Sports. The course offers multiple options to pursue higher education in various courses like Masters in Physical Education (M.P.Ed.) or Bachelors in Physical Education (B.P.Ed.) or Masters in Sports Management (MSM) or M.Sc in Yoga or PG Diploma courses in Health, Fitness and wellness, Yoga, Sports Management and Coaching in any sports discipline.

Eligibility Criteria:

Candidate should have passed 10+2 or SeniorSecondary Exam by the Punjab School Education Board(PSEB) or Central Board of Secondary Education (CBSE) or any equivalent exam conducted by any State Board with 50% for general category and 45% for SC/ST/OBC and for the candidate who participated in International / National levels with preference to position holders.

Candidate will have to qualify Physical Fitness Test (PFT) for admission in B.P.E.S course the details of which are given.

(b) Bachelor of Arts (B.A.) with 100 seats.

i. Candidate should have passed (10+2) or High School SeniorSecondary Exam by the Punjab School Education Board(PSEB) or Central Board of Secondary Education (CBSE) or any equivalent exam conducted by any State Board.

POST-GRADUATE DIPLOMA COURSES

The College offers the following one year Post -Graduation Diploma Course in :-

PG Diploma in Yoga with 30 seats.

Candidate should have passed graduation from any stream with 50% marks for general category and 45% for SC/ST/OBC and for the candidate who participated in International / National levels/State levels / College levels with preference to position

holders. Preference to B.P.E.S/ B.Sc (Sports Science/ Sports Nutrition and other sports related courses) students.

PHYSICAL FITNESS TEST (PFT)

A candidate has to qualify in any four of the following six PFTs of his/her choice to become eligible for admission into BPES :-

- (a) Pull-ups (For Boys).
- (b) Flexed Arm Hang (For Girls).
- (c) Flexed-leg Sit-Ups (in One Minute).
- (d) Shuttle Run.
- (e) Standing Broad Jump.
- (f) 50m Dash.
- (g) 600 m Run.

The minimum standards to qualify are tabulated below:-

Minimum Standard for Boys & Girls	BOYS : Pull-ups on Horizontal Bar GIRLS – Flexed Arms Hang on	Sit-Ups (With Knee bent; Nos in 60 Sec.)	Shuttle Run 10 m. x 4 times (Time)	Standing Broad Jump (Mtrs.)	50 Mtrs. Dash (Time)	600 Mtrs. Run/Walk (Time)
Boys	4 Numbers	31	11.00 sec.	1.90 m	9.0 sec.	3 minutes: 30 sec.
Girls	5 seconds Hold (Minimum)	24	12.2 sec.	1.40 m	10.0 sec	3 minutes: 50 sec.

Norms for preparing merit list for BPES Course:-

Weightage to Academics: 50% (45 % for basic academics and 5% for co-curricular)

activities)

Weightage to Sports Achievements: 50%.

The division of 50 % marks for Sports Achievements will be as per the Govt. Guidelines issued vide letter No. 47/26/83-1 SS//2036 Dated 10.12.97. Letter no. 47/26/93-1SS/1496. Dated: 21/7/2000, Letter No. 47/26/83-1SS/1103. Dated 5.6.03, Letter No. 47/26/93-1SS/1334 Dated 3.7.03., Letter No. 47/26/93-1SS/1431 Dated 14.7.03 by Department of Sports and Youth Services, Punjab.

Only graded Sports Certificates issued by the respective Sports Deptt. Will be considered for admission. States where sports gradation procedure is not adopted, the candidate has to produce the certificate issued by Director Sports of their respective states, clearly indicating that the candidate's certificate are original and he/she has actually participated in the competition and Sports Gradation procedure is not adopted in their State.

There will be two centralized counselling for admission to the BPES course.

For other courses weightage to academics will be as given as stated above.